

ABILENE CITY COMMISSION - STUDY SESSION AGENDA
ABILENE PUBLIC LIBRARY - 209 NW FOURTH STREET
May 19, 2015 - 7:00 pm

1. **PUBLIC COMMENTS.** Persons who wish to address the City Commission may do so when called upon by the Mayor. Comments on personnel matters and matters pending before court are not permitted. Speakers are limited to three minutes. Any presentation is for informational purposes only. No action will be taken.

2. **ITEMS FOR PRESENTATION AND DISCUSSION**
 - a. **Cedar House Funding Request**

 - b. **City Commission Goal Setting Session**

3. **REPORTS**
 - a. **City Manager's Report**

4. **ANNOUNCEMENTS** (*Meetings at Abilene Public Library unless otherwise provided*)
 - a. City Commission meeting, May 25 at 4:00 pm
 - b. CITY OFFICES CLOSED: May 25 (Memorial Day)
 - c. Convention and Visitors Bureau, May 26 at 2:00 pm (Civic Center)
 - d. Tree Board, May 26 at 5:00 pm

TO: City Commission
FROM: David Dillner, City Manager
SUBJ: Funding Request from the Cedar House Foundation
DATE: May 14, 2015

The Cedar House has requested funds from the Special Alcohol and Drug Fund to assist them in operating a supervised sober living house that provides education, on-site therapy, and mentoring for women who are recovering from alcohol and/or drug addiction.

Per Kansas statute 79-41a04, "*moneys in the special alcohol and drug programs fund shall be expended only for the purchase, establishment, maintenance or expansion of services or programs whose principal purpose is alcoholism and drug abuse prevention and education, alcohol and drug detoxification, intervention in alcohol and drug abuse or treatment of persons who are alcoholics or drug abusers or are in danger of becoming alcoholics or drug abusers.*" The request by the Cedar House Foundation presumably meets the legislative intent of state law for these funds.

Special Considerations: The City does not have a competitive process to review requests for funds from the Special Alcohol and Drug. The City of Abilene used to allow outside agencies to request funds from the City as part of its annual budget process. This practice was changed several years ago due to budgetary considerations. With that said, the City does allocate \$7,500 to Safe Night After Prom and the Central Kansas Foundation. Both of these uses meet the intent of state law.

The City Commission may elect to appropriate additional funds from the Special Alcohol and Drug Fund to provide a grant to the Cedar House Foundation. The fund's long-term sustainability will become a concern if such a grant is provided. With more expenses coming out of the fund, it will only be a few years before the City will be unable to fund any of the outside agency requests due to a lack of funding.

Budgetary Considerations: The City of Abilene receives approximately \$6,000 annually from the State of Kansas for its Special Alcohol and Drug Fund. As of January 1, 2015, the Special Alcohol and Drug Fund had a balance of \$48,643. The City budgeted \$13,000 in expenses from the fund in 2015 as follows: \$1,500 to Safe Night After Prom (SNAP), \$6,000 to the Central Kansas Foundation, \$4,000 for animal care (these expenses will be moved to the General Fund), and \$1,500 for the City's drug dog (these expenses are no longer necessary as the City no longer owns a drug dog). At the end of the year, the City estimates the balance for the fund will be at \$47,143.

City Commission Actions: The City Commission has the following options with respect to this item:

1. The City Manager will prepare a resolution for the City Commission's review and consideration authorizing funds to be allocated to the Cedar House Foundation in an amount as provided by the City Commission. The City Commission would need to deny approval of the resolution in the event it does not wish to provide funds to the Cedar House Foundation at this time.
2. Request such other information as the City Commission may require to assist in its decision making process. The City Commission will have to specify the information it wishes to obtain for the decision making process.
3. Direct the City Manager to include an appropriation of funds from the the 2016 Budget Special Alcohol and Drug Fund and not provide funds in 2015.

SPECIAL ALCOHOL AND DRUG FUND
City of Abilene, Kansas

	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	<u>2019</u>	<u>2020</u>
Beginning	\$ 40,335	\$ 50,039	\$ 48,643	\$ 42,143	\$ 35,643	\$ 29,143	\$ 22,643	\$ 16,143
Revenue	\$ 17,204	\$ 6,104	\$ 6,000	\$ 6,000	\$ 6,000	\$ 6,000	\$ 6,000	\$ 6,000
Expenditures	\$ 7,500	\$ 7,500	\$ 12,500	\$ 12,500	\$ 12,500	\$ 12,500	\$ 12,500	\$ 12,500
Ending	\$ 50,039	\$ 48,643	\$ 42,143	\$ 35,643	\$ 29,143	\$ 22,643	\$ 16,143	\$ 9,643

Expense Summary

2013	\$ 1,500	Safe Night After Prom
	\$ 6,000	Central Kansas Foundation
2014	\$ 1,500	Safe Night After Prom
	\$ 6,000	Central Kansas Foundation
2015 - 2020	\$ 1,500	Safe Night After Prom
	\$ 6,000	Central Kansas Foundation
	\$ 5,000	Cedar House Foundation



The Cedar House Foundation

The Cedar House is a supervised sober living house that provides education, on-site therapy and Kansas Certified Peer Mentoring for women who are willing to make a long-term commitment to changing how they live their lives.

The Cedar House was established in June of 2012. During the first year the house was renovated by individuals who were in drug and alcohol treatment programs. Total cost of construction and wages were met through private funding. In 2013 The Cedar House formed a development committee which met weekly to research and design programs for residents who would enter the house beginning mid-year 2014. May 2014 we opened our doors to the first resident. Since that time we have provided a safe and stable full time living environment to a total of eight individuals who have benefited from life skills training, physical and occupational therapy, spiritual counseling and career development. In October of 2014 we gained 501c3 status as a nonprofit organization.

There is also an outreach program that works in conjunction with The Cedar House supervised recovery home. The S.O.S. Cabin is an outreach that holds recovery meetings each Monday evening from 6:00pm-8:00pm for women seeking education and mentoring in alcohol and drug prevention, intervention and 12 step programs. The outreach of The Cedar House has maintained an attendance of approximately 15-20 women per week for the past 2 ½ years.

2015 Alcohol Tax Fund

By legislative mandate, a portion of the ATF dollars must be used to fund “programs whose primary purpose is alcoholism and drug abuse prevention or treatment of persons who are alcoholics or drug abusers, or are in danger of becoming alcoholics or drug abusers” (KSA 79-41a04) These services are generally defined as follows:

Education and Prevention programs to provide information and skill building to prevent problems with, or addiction to, alcohol and/or drugs.

Intervention programs to interrupt alcohol and/or drug use that becomes problematic either personally or legally.

Substance Abuse Treatment designed to provide substance abuse treatment services, and to assist clients with stopping use of alcohol and drugs and avoiding relapse.

Aftercare includes efforts to reintegrate clients into a normal living situation and support a substance free existence. Aftercare also includes on-going therapy with clinical, family support and self-help programs.

During 2015, **The Cedar House Foundation** will use funds to provide education, on-site therapy and classes conducted by Kansas Certified Peer Mentors to women who are willing to make a long-term commitment to changing how they live their lives. We recommend residents make a commitment of one year.

Cedar House Program components:

- ✓ **Communal Sober Living** with responsibilities
- ✓ **Weekly AA/NA** meetings which includes consistent interaction with a sponsor
- ✓ **Participation in regional AA/NA conferences**
- ✓ **Medical Assessments** which includes physical, medications, dental and emergency response
- ✓ **Weekly physical fitness classes** at Impact Sports & Fitness
- ✓ **Life Skills Education** which includes financial planning and management, job skills, parenting, cooking, time management, conflict resolution and communication skills, stress management, relationship building and limit setting
- ✓ **Employment within Dickinson County**
- ✓ **Volunteer Community Service Hours** which provides hands-on positive experience “giving back”
- ✓ **Weekly On-Site Therapy** Licensed Clinical Professional (LCPC) with 30 years’ experience serving those with chemical/process addiction
- ✓ **Assigned Kansas Certified Peer Mentor** for Life Skills and Reintegration
- ✓ **Family Outreach** continued contact with family and/or significant others

The Cedar House supports a range of recovery and treatment organizations in Dickinson County which include: Central Kansas Foundation, Impact Sports & Fitness, Memorial Health System, Big Brothers Big Sisters and our

local Food and Clothing Bank. During 2015, The Cedar House will use funds to serve approximately 12 residents and their families and/or significant others.

S.O.S. Cabin Outreach Program Components:

- ✓ Referral and transportation to assessment services
- ✓ Referral and transportation to detoxification and treatment
- ✓ Kansas Certified Peer Mentor to work with residents & non-residents in life skills and reintegration
- ✓ Transportation to recovery conferences through the state
- ✓ Weekly 12 Step program
- ✓ Extensive Resource Library

The Cedar House - S.O.S. Cabin Outreach Program currently provides addiction services to residents of Abilene, Kansas. We also have a Kansas Certified Peer Mentor who works with family outreach through the Al-Anon/Nar-Anon programs to offer services, education and strategies to families – parents/guardians/significant others. In 2014, the program was able to serve approximately 30 individuals and their families.

In general, these treatment and recovery programs are designed to help reduce substance abuse, break the intergenerational cycle of alcoholism/addiction, lead to positive individual and family change and productivity, reduce mental and physical healthcare costs, improve public safety, and reduce law enforcement and court costs.



**Request for Funding
March 2015**

The Cedar House Foundation
2375 Milo Road
Abilene, KS 67410
785.280.1391
Pray.it.forward@outlook.com

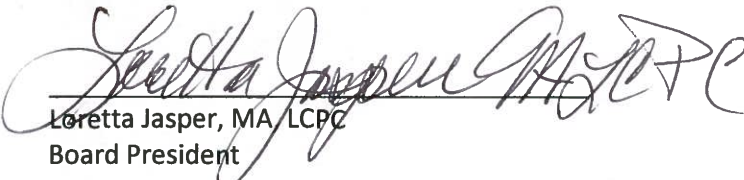
2015 Requests for the following categories:

Education and Prevention	\$ 3,000
Intervention	\$ 5,000
Substance Abuse Treatment	\$ 5,000
Aftercare	<u>\$ 5,000</u>
2015 Funding Request	<u>\$18,000</u>


Total Operating Budget 2014 \$ 15,000

Total Operating Budget 2015 \$ 25,000

This proposal was considered and approved for submission at our March 4, 2015 Board of Directors Meeting.



Loretta Jasper, MA LCPC
Board President



Tim Johnson
Board Treasurer